





# Breakfast & Lunch Menu August 17 to August 18 2023

DAY	BREAKFAST 	LUNCH 
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY	Breakfast Burritos with ham & egg, fruit, and 100% apple juice, fat-free or low-fat milk.	Whole wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low fat dressing, 100% orange juice and fat free or low fat milk.
FRIDAY	Wholegrain Cereal, donuts, fresh fruit and 100% apple juice, fat free or low fat milk.	Chicken nuggets, mac N Cheese, steamed carrots and peas, sweet fry potatoes, fresh fruit, and fat-free or low-fat milk.