





Breakfast & Lunch Menu March 25 to March 29 2024

DAY	BREAKFAST 	LUNCH 
MONDAY	Bagel, cream cheese, fresh fruit, fat-free or low-fat milk.	Corn dog, macaroni salad, steamed diced carrots and peas, fresh fruit, fat-free or low-fat milk.
TUESDAY	Wholegrain cereal, waffles topped with light syrup, fresh fruit, fat-free or low-fat milk.	Chicken breast patty sandwich in a bun, steamed broccoli, sliced carrots and cauliflower, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & Cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Wholegrain cereal, assorted mini donuts, fresh fruit, fat-free or low-fat milk.	Wholewheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, and fat-free or low-fat milk.
FRIDAY	Teachers Planning Day.	Teachers Planning Day.