





Breakfast & Lunch Menu April 29 to May 3 2024

DAY	BREAKFAST 	LUNCH 
MONDAY	Wholegrain cereal, Cinnamon rolls, fresh fruit & 100% apple juice fat-free or low-fat milk.	Corndog, MacNCheese, steamed diced carrots & peas, fresh fruit, fat-free or low-fat milk.
TUESDAY	Wholegrain cereal, waffles topped with light syrup, fresh fruit & 100% apple juice, fat-free or low-fat milk.	Chicken Breast patty in a bun, tomato slices, shredded lettuce, garbanzos, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & Cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Wholegrain cereal, tequeno, fresh fruit & 100% apple juice, fat-free or low-fat milk.	Wholewheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, and fat-free or low-fat milk.
FRIDAY	Wholegrain cereal, donut, fresh fruit & 100% apple juice, fat-free or low-fat milk.	Chicken breast Alfredo sauce & pasta, broccoli, carrots & cauliflower, fresh fruit & fat-free or low-fat milk.