



Breakfast and Lunch Menu November 11 to November 15, 2024



DAY	BREAKFAST	LUNCH
MONDAY	Veterans Day School Closed.	Veterans Day School Closed.
TUESDAY	Whole wheat grain cereal, cinnamon roll, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Corn dog, mashed potatoes, steamed peas and carrots, fresh fruit, and fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole grain cereal, cheese tequeno, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Wholewheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Wholegrain cereal, donut, fresh fruit & 100% apple juice, fat-free or low-fat milk.	Italian sausage in a sub bun with tomato slices and shredded lettuce, waffle fries, fresh fruit, and fat-free or low-fat milk.

This institution is an equal opportunity provider.