



Breakfast and Lunch Menu February 24 to February 28, 2025



DAY	BREAKFAST	LUNCH
MONDAY	Whole-grain cereal, cheese Cuban pastry, fresh fruit, and 100% fruit juice, fat-free or low-fat milk.	Beef meat chunks with potatoes (carne con papas), rice, steamed diced carrots, fresh fruit, fat-free or low-fat milk.
TUESDAY	Whole-grain cereal, cinnamon roll, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Chicken chop chop with rice, black beans, sweet plantains, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole-grain cereal, French toast topped with light syrup, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Whole-wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Whole-grain cereal, donut, fresh fruit, 100% apple juice, and fat-free or low-fat milk.	Corn dog, coleslaw salad, mashed potatoes, fresh fruit, fat-free or low-fat milk.

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