



# Breakfast and Lunch Menu March 24 to March 28, 2025



DAY	BREAKFAST	LUNCH
MONDAY	Whole grain cereal, cinnamon roll, fresh fruit, and 100% fruit juice, fat-free or low-fat milk.	Meatballs in marinara sauce, penne pasta, steamed diced carrots & peas, fresh fruit, fat-free or low-fat milk.
TUESDAY	Egg & cheese breakfast wrap with cream cheese, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Chicken fajitas, rice, sweet potato fries, corn, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole grain cereal, cheese tequeño, fresh fruit, and 100% apple juice, fat-free or low-fat milk.	Whole wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Whole-grain cereal, donut, fresh fruit, 100% apple juice, and fat-free or low-fat milk.	Beef chunks, potatoes & rice (Carne con Papas), black beans, sweet plantains, fresh fruit, fat-free or low-fat milk.

*This institution is an equal opportunity provider.*