



Breakfast and Lunch Menu April 14 to April 18, 2025



DAY	BREAKFAST	LUNCH
MONDAY	Whole grain cereal, pancakes, fresh fruit, 100% fruit juice, and fat-free or low-fat milk.	Chicken nuggets, mashed potatoes, steamed diced carrots and peas, fresh fruit, and fat-free or low-fat milk.
TUESDAY	Egg, cheese, and sausage omelet, fresh fruit, 100% apple juice, and fat-free or low-fat milk.	Turkey or ham and cheese sandwich on whole wheat bread, Caesar salad, Lay's chips, chocolate cookie, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole-grain cereal, donut, fresh fruit, 100% apple juice, and fat-free or low-fat milk.	Whole wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Teacher Planning Day.	Teacher Planning Day.

This institution is an equal opportunity provider.