



# Breakfast and Lunch Menu April 28 to May 2, 2025



DAY	BREAKFAST	LUNCH
MONDAY	Whole grain cereal, ham & cheese croquette, fresh fruit, 100% fruit juice, fat-free or low-fat milk.	Breaded chicken tenders, corn and waffle fries, fresh fruit, fat-free or low-fat milk.
TUESDAY	Whole grain cereal, cinnamon roll, fresh fruit, 100% apple juice, fat-free or low-fat milk.	Oven-baked meat lasagna, garlic bread, Caesar salad, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole grain cereal, stuffed ball potato, fresh fruit, 100% apple juice, fat-free or low-fat milk.	Whole wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Whole grain cereal, donuts, fresh fruit, and 100% fruit juice. Fat-free or low-fat milk.	100% beef hotdog in a whole wheat bun, coleslaw salad & chips, fresh fruit, fat-free or low-fat milk.

*This institution is an equal opportunity provider.*