



Breakfast and Lunch Menu March 31 to April 4, 2025



DAY	BREAKFAST	LUNCH
MONDAY	Teacher's Planning Day.	Teacher's Planning Day.
TUESDAY	Egg & cheese on a whole grain bagel, fresh fruit, 100% apple juice, fat-free or low-fat milk.	Chicken tenders, steamed green beans, and mashed potatoes, fresh fruit, fat-free or low-fat milk.
WEDNESDAY	Ham & cheese empanada, fresh fruit, fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Whole grain cereal, Mexican churros, fresh fruit, 100% apple juice, fat-free or low-fat milk.	Whole wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Whole-grain cereal, donut, fresh fruit, 100% apple juice, and fat-free or low-fat milk.	Ground beef in tortillas, pico de gallo (diced tomatoes & onions), steamed sweet corn, fresh fruit, fat-free or low-fat milk.

This institution is an equal opportunity provider.