



Breakfast and Lunch Menu May 5 to May 9, 2025



DAY	BREAKFAST	LUNCH
MONDAY	Wholegrain cereal, French toast with light syrup, fresh fruit, 100% fruit juice, and fat-free or low-fat milk.	Beef ravioli in meat sauce, garlic bread, steamed broccoli, carrots, cauliflower, and green beans. Served with fresh fruit, a brownie, and fat-free or low-fat milk.
TUESDAY	Wholegrain pizza bagel, fresh fruit, 100% apple juice, and fat-free or low-fat milk.	Turkey ham and cheese grilled sandwich, Lays chips, Caesar salad, fresh fruit, a chocolate cookie, and fat-free or low-fat milk.
WEDNESDAY	Sausage and cheese English muffin, fresh fruit, 100% fruit juice, and fat-free or low-fat milk.	Beef burger on a wholewheat bun, American cheese (grades 9-12), French fries, shredded iceberg lettuce & tomato mixed salad, mustard & ketchup, fresh fruit, fat-free or low-fat milk.
THURSDAY	Sausage and cheese English muffin, fresh fruit, 100% fruit juice, and fat-free or low-fat milk.	Whole wheat cheese pizza, chopped romaine lettuce, iceberg lettuce (grades 9-12) & carrot, radish & cabbage & croutons (grades 9-12) mixed salad, topped with low-fat dressing, 100% orange juice, & fat-free or low-fat milk.
FRIDAY	Whole grain cereal, donuts, fresh fruit, and 100% fruit juice. Fat-free or low-fat milk.	Chicken patty with a slice of American cheese in a whole wheat bun, tomato slices and iceberg salad, waffle fries, fresh fruit, and fat-free or low-fat milk.

This institution is an equal opportunity provider.