



Breakfast and Lunch Menu October 19 to October 23, 2026



DAY	BREAKFAST	LUNCH
MONDAY	Teachers' Planning Day.	Teachers' Planning Day.
TUESDAY	Breakfast skillet bowl with breakfast sausage, eggs, cheese and potatoes. Whole grain cereal. Fresh fruit. 100% fruit juice. Choice of fat-free or low-fat milk.	Meatballs marinara. Whole grain pasta. Sautéed mixed vegetables. Fresh fruit. Choice of fat-free or low-fat milk.
WEDNESDAY	Whole grain meat empanada. Fresh fruit. 100% fruit juice. Choice of fat-free or low-fat milk.	Angus hamburger with American cheese on a whole grain bun. French fries. Fresh fruit. Choice of fat-free or low-fat milk.
THURSDAY	Whole grain corn muffin. Assorted fruit yogurt. Fresh fruit. 100% fruit juice. Choice of fat-free or low-fat milk.	Whole grain cheese pizza. Choice of pepperoni pizza for grades 9–12. Celery and carrots with ranch dressing. Fruit juice. Choice of fat-free or low-fat milk.
FRIDAY	Turkey sausage, egg and cheese sandwich on a whole grain bun. Fresh fruit. 100% fruit juice. Choice of fat-free or low-fat milk.	Birria chicken quesadillas. Black beans and corn salsa. Fresh fruit. Choice of fat-free or low-fat milk.

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